



WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	Fruit or Yoghurt	Fruit or Yoghurt	Fruit or Yoghurt	Fruit or Yoghurt	Fruit or Yoghurt
Nursery	Purée Fruit	Purée Fruit	Purée Fruit	Purée Fruit	Purée Fruit
Lunch	Mixed Sandwiches	Zucchini Slice & Mash	Mixed Wraps	Tuna Mornay	Mixed Sandwiches
Nursery	Purée Veggies	Purée Veggies	Purée Veggies	Purée Veggies	Purée Veggies
Afternoon Tea	Rice Cakes	Home made Biscuits	Mixed Salada's	Veggie sticks & Assorted dip	Muffins
Nursery	Plain yoghurt & fruit	Plain yoghurt & fruit	Plain yoghurt & fruit	Plain yoghurt & fruit	Plain yoghurt & fruit