



WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	Fruit or Yoghurt	Fruit or Yoghurt	Fruit or Yoghurt	Fruit or Yoghurt	Fruit or Yoghurt
Nursery	Purée Fruit	Purée Fruit	Purée Fruit	Purée Fruit	Purée Fruit
Lunch	Beef Chow-Mein	Mixed Sandwiches	Pasta Bake	Mixed Sandwiches	Pumpkin Risotto
Nursery	Purée Veggies	Purée Veggies	Purée Veggies	Purée Veggies	Purée Veggies
Afternoon Tea	Mixed salads	Cheese & bacon scrolls	Veggie Sticks, crackers & Dip	Jelly Cups & Custard	Mixed sandwiches
Nursery	Plain yoghurt & fruit	Plain yoghurt & fruit	Plain yoghurt & fruit	Plain yoghurt & fruit	Plain yoghurt & fruit