



WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	Fruit or Yoghurt	Fruit or Yoghurt	Fruit or Yoghurt	Fruit or Yoghurt	Fruit or Yoghurt
Nursery	Puree Fruit	Puree Fruit	Puree Fruit	Puree Fruit	Puree Fruit
Lunch	Quiche & mash & veg	Mixed Sandwiches	Fried Rice	Mixed Sandwiches	Sheppard's Pie
Nursery	Puree Veggies	Puree Veggies	Puree Veggies	Puree Veggies	Puree Veggies
Afternoon Tea	Jelly Fruit Cups	Cheese & Crackers	Mixed Salada's	Veggie sticks & Assorted dip	Popcorn, veggie sticks & dip
Nursery	Plain yoghurt & fruit	Plain yoghurt & fruit	Plain yoghurt & fruit	Plain yoghurt & fruit	Plain yoghurt & fruit